

ABSTRACT

A composition useful in the prevention of iron deficiency anemia is provided. The composition comprises micro-encapsulated iron granules in combination with a lipid-based excipient. The composition may additionally contain other micronutrients
5 including ascorbic acid, zinc, vitamin A and iodine. The composition is particularly useful for the prevention of iron deficiency anemia in infants between the ages of 6 and 24 months of age since it can readily be admixed with the semi-solid foods this age group consumes.